

### Principles of Respectful Participation

- Speak with intention, **say what matters**
- **Listen** with attention and without judgment – respectfully try to understand others' perspectives knowing your perspective is not the only one
- **Be aware of your impact**, be thoughtful and considerate of others
- **Commit to making a contribution** that is helping our work today, helping us move forward
- **Be fully present**
- Be aware of your 'air time', **let everyone have a chance to speak**
- **Be open**
- **Speak for yourself only**, let others speak for themselves
- **One person speaking at a time**