

Navigating COVID-19 SCI Urology Guide

2020



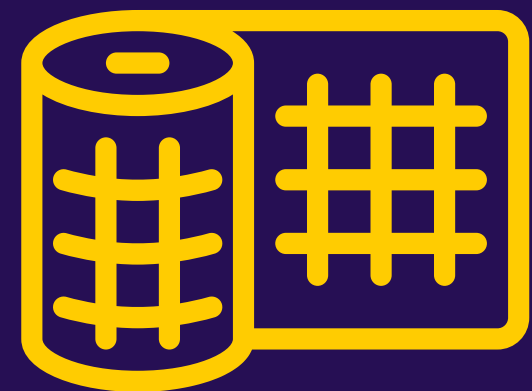
know the facts

Although there is a lot to learn about COVID-19, it does not appear that urine contains significant amounts of the virus.



get extra supplies

Shipping times and in-store supplies are variable. Ensure you have at least 30 days extra supplies for your bladder management.



bladder botox

If you use botox injections for bladder management it may still be possible to receive your regular treatment. If you aren't able to get it, consider talking to your doctor about oral alternatives to temporarily help prevent bladder problem.

monitor your symptoms

Certain COVID-19 symptoms, like fever and fatigue overlap with Urinary Tract Infection (UTI) symptoms. It is important that you discuss your symptoms with your doctor. If you are concerned about a serious change in your health, go to your local emergency/ urgent care hospital to be assessed.



ask for help

Some people need frequent assistance from support workers for their bladder management. If you are concerned about the risk of this, or are unable to access your usual support workers, please discuss your concerns with your healthcare team.

go virtual

Regular urohealth screening can be safely delayed. Your doctor may conduct virtual visits to address regular urologic health issues.

